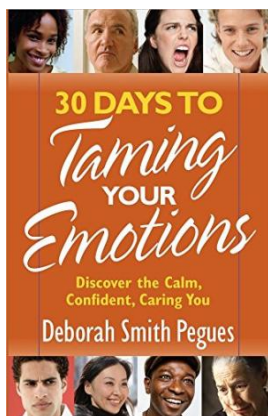


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# 30 DAYS TO TAMING YOUR EMOTIONS: DISCOVER THE CALM, CONFIDENT, CARING YOU



Harvest House Publishers,U.S. Paperback. Book Condition: new. BRAND NEW, 30 Days to Taming Your Emotions: Discover the Calm, Confident, Caring You, Deborah Smith Pegues, From Deborah Pegues, popular author of 30 Days to Taming Your Tongue (more than 500,000 sold), comes an indispensable guide for overcoming the emotional barriers that rob men and women of life's fullness and derail their personal and professional relationships.Pegues uses biblical and modern-day examples to help readers identify and overcome the obstacles that hold them...

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