



## The Everything Guide to Narcissistic Personality Disorder: Professional, Reassuring Advice for Coping with the Disorder - at Work, at Home, and in Your Family

By Cynthia Lechan Goodman, Barbara Leff

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, The Everything Guide to Narcissistic Personality Disorder: Professional, Reassuring Advice for Coping with the Disorder - at Work, at Home, and in Your Family, Cynthia Lechan Goodman, Barbara Leff, Narcissistic Personality Disorder, often mistaken for a too-big ego or inflated self-esteem, is in actuality a severe psychological condition that ruins marriages, social relationships, work environments, and the sufferer's own sense of self. Although perceived as self-confident and arrogant, narcissists are really victims of devastatingly low self-esteem and insecurity. The Everything Guide to Narcissistic Personality Disorder is a comprehensive resource for readers who need guidance, including information on: \* Identifying the symptoms in themselves and their loved ones \* Different types of narcissists \* Living with a narcissistic (one-way) relationship \* Treatment options and methods \* Preventing narcissism in children and young adults \* Recovering from a narcissistic relationship with a parent, spouse, or friend Complete with an exclusive section on the epidemic of "net narcissism" due to social media, The Everything Guide to Narcissistic Personality Disorder is the complete guide to a misunderstood disorder that impacts millions everyday.



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