



Buddha or Bust: In Search of Truth, Meaning, Happiness, and the Man Who Found Them All (Paperback)

By Perry Garfinkel

Random House USA Inc, United States, 2007. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book. Why does an idea that s 2,500 years old seem more relevant today than ever before? How can the Buddha s teachings help us solve many of the world s problems? Journalist Perry Garfinkel circumnavigated the globe to discover the heart of Buddhism and the reasons for its growing popularity and ended up discovering himself in the process. The assignment from National Geographic couldn t have come at a better time for Garfinkel. Burned out, laid up with back problems, disillusioned by relationships and religion itself, he was still hoping for that big journalistic break and the answers to life s biggest riddles as well. So he set out on a geographic, historical and personal expedition that would lead him around the world in search of those answers, and then some. First, to better understand the man who was born Prince Siddhartha Gautama, he followed the time-honored pilgrimage in the footsteps of the Buddha in India. From there, he tracked the historical course of Buddhism: to Sri Lanka, Thailand, China, Tibet, Japan and on to San Francisco and...



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Reviews

Great eBook and beneficial one. It is packed with wisdom and knowledge You wont really feel monotony at at any time of your respective time (that's what catalogs are for relating to if you check with me).

-- **Maiya Kozey**

A really awesome publication with perfect and lucid reasons. I was able to comprehended every thing using this published e pdf. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Prof. Patsy Blanda**