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WING CHUN - CLOSING THE GAP WITH CHUM KIU (PAPERBACK)



Lulu.com, United Kingdom, 2013. Paperback. Book Condition: New. 210 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****.The next step in Wing Chun after learning the Siu Lim Tao is to learn Chum Kiu; this is the second form in the system and takes you from the stationery position of Siu Lim Tao by adding mobility and kicks including a brand new tool set thus giving you a whole new outlook on how things work...

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- Authored by Mark Beardsell
- Released at 2013



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