



## If You Love This Planet: A Plan to Heal the Earth

By Helen Caldicott

W. W. Norton & Company. Paperback. Book Condition: New. Paperback. 232 pages. Dimensions: 8.1in. x 5.4in. x 0.7in. Helen Caldicott has been my inspiration to speak out. Meryl Streep Our planet is desperately ill and must be healed. If the human race does not change its present behavior, the ecosphere may be doomed within the next ten years. A renowned anti-nuclear activist for twenty years, Helen Caldicott here turns from the arms race to the race to save the planet, laying out the grim details of ozone depletion, excess energy consumption, pollution, and global warming. The causes: public apathy, corporate greed, and the cynical manipulation of political leaders. To save the planet we need to change the way we think and behave. Closer contact with, and appropriate reverence for, nature will help to provide simple answers to seemingly complex problems. If You Love This Planet describes in easy-to-understand language the scientific and medical consequences of the greenhouse effect, ozone depletion, deforestation, species extinction, toxic chemical pollution, nuclear waste, food contamination, and the ever-present threat of nuclear war. Caldicott, a physician by training, also gives us a prescription for cure and a cause for hope. We must learn energy efficiency, we must organize...



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