



Biennial Report of the State Board of Charities and Corrections of the State of California (Paperback)

By California State Corrections

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1905 Excerpt: . too much meat is served. Usually two meals a day are served, which is enough for men corifued without work. It is not necessary to serve meat more than once, if sufficient other proper food is given for breakfast. Dinner is then served in the afternoon, between two and four o clock. In very few instances is there reason to complain of the insufficiency of the food. In those jails, however, where the provisions are furnished prisoners, to be prepared by themselves, the conditions are bad. Scattered remnants of meals and pieces of food are found all over the jail. A good kitchen in connection with the jail is the best plan, but the kitchen must be separate from the cell house, and in charge of a good cook. More attention should be given to serving a balanced ration and also to serving it in...



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