Stress, Coping, and Relationships in Adolescence (Paperback)

By Inge Seiffge-Krenke

Taylor Francis Ltd, United Kingdom, 2015. Paperback. Book Condition: New. 234 x 156 mm. Language: English . Brand New Book ***** Print on Demand *****.Unique and comprehensive, this volume integrates the most updated theory and research relating to adolescent coping and its determinants. This book is the result of the author s long interest in, and study of, stress, coping, and relationships in adolescence. It begins with an overview of research conducted during the past three decades and contrasts research trends in adolescent coping in the United States and Europe over time. Grounded on a developmental model for adolescent coping, the conceptual issues and major questions are outlined. Supporting research ties together the types of stressors, the ways of coping with normative and non-normative stressors, and the function that close relationships fulfill in this context. More than 3,000 adolescents from different countries participated in seven studies that are built programmatically on one another and focus on properties that make events stressful, on coping processes and coping styles, on internal and social resources, and on stress-buffering and adaptation. A variety of assessment procedures for measuring stress and coping are presented, including semi-structured interviews, questionnaires, and content analysis. This multimethod-multivariate approach is...

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