



Skin Rules: Trade Secrets from a Top New York Dermatologist (Paperback)

By Debra MD Jaliman

St Martin s Press, United States, 2013. Paperback. Book Condition: New. Revised, Updated ed.. 208 x 137 mm. Language: English . Brand New Book. The only skin book you ll ever need at any age from New York City s top dermatologist to the stars Skin Rules tells you everything you need to know to attain beautiful skin and a much younger appearance from head to toe. Actors, models, and newscasters go to Dr. Jaliman for her cutting-edge technology and the latest in skin care. She fixes what others can t and now you can, too. Skin Rules is full of the same advice that Dr. Jaliman gives to her celebrity patients, from lasers to remove sun damage and turn back the clock to suggestions for simple products and habits anyone can adopt for a small outlay of time and money to change their looks today. In Skin Rules readers will learn: . How a dermatologist can shrink your waist. How radio frequency treatment can make you look ten years younger. which over-the-counter products really work for acne and wrinkles. and much more* New and updated material especially for the paperback edition!.



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